

First Holy Communion 2021-22

Continuing Sacramental Preparation
Sr. Mary & Jane O'Connell



Thursday 1st of July 2021 Zoom Meeting 7:30 p.m.
Saint Philip the Apostle Junior National School

First Holy Communion

Opening Prayer



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First Holy Communion

Purpose of this evening's meeting

- Update re Communion Dates & emerging Public Health Advice
- Look at how we can support the children over the coming weeks in their preparations for First Holy Communion
- First Holy Communion Day- practicalities
- Q&A



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Communion Dates & Emerging Public Health Advice

Friday 13th August

2p.m. Mr. McGinty's Class &
Ms. Guinane's & Mrs. Hynes' Class

4 p.m. Ms. Molloy's & Ms. Slattery's Class

Dear All

The following public health advice regarding "Other Religious Ceremonies" has now been published on gov.ie:

"It is advised that religious ceremonies such as Baptisms, First Holy Communion and Confirmations should not take place at this time. Further advice will follow on the resumption of these ceremonies when it is safe to do so "

Kind Regards

I ask parishes to follow this advice in regard to the celebration of the sacraments of First Holy Communion and Confirmation.

With kind regards,

Yours sincerely,



+Dermot Farrell
Archbishop of Dublin



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Journey from Baptism to First Holy Communion



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Ideas at to keep preparations going

Going to Mass

- ◊ Update from Sr. Mary regarding Masses at present

At Home

- ◊ Blessings
- ◊ Prayer at bedtime
- ◊ Grace at mealtimes



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Prayer Book & Rosary Beads

You may have a Prayer Book or Rosary Beads put aside for the First Holy Communion Day..... Why not take them down for use this summer?



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Prayer Book & Rosary Beads

- ♦The children could learn the before and after Communion prayers
- ♦The children could learn how to say a decade of the rosary
- ♦Either or both items may hold more meaning for your child at the time of receiving the Sacrament if explored over the next few weeks at home
- ♦This will build on the Sacramental preparation that has been done in school



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First Holy Communion Preparation Notes

Talking with your child

- ◊Preparing the Mind
- ◊Preparing the Heart
- ◊Preparing the Soul

Final Preparation

- ◊ Talk about why Jesus is important to you
- ◊ Say a prayer with them
- ◊ Explain the Eucharist in terms that they are easy to understand

From:
*Sacrament of First
Holy Communion:
Preparation Notes for
Parents and Candidates*



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First Holy Communion Resources

- ♦ Grow in Love Workbook
- ♦ Prayer Book, rosary beads
- ♦ Preparations Notes- will be available on school website
- ♦ Meditation Resource- Sr. Mary- will be available on school website
- ♦ Your time!



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First Holy Communion Day -Practicalities

- Child + 4 family members = Group of 5 total (at present)
- First Confession/Reconciliation will take place later in school year sometime after First Holy Communion has taken place
- Reflections on last year



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First Holy Communion- Q&A

Please ask any questions you have and we will do our best to answer them.



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First Holy Communion

Parish Office Contact Details

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Thank you for your participation.



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